

# Z – LINE

## NEWSLETTER OF THE ZONTA CLUB OF FREDERICK

[www.zontafrederick.com](http://www.zontafrederick.com)

October, 2015

### Calendar:

- October 12<sup>th</sup> - Program – Speaker – Cathy Hanson, Program Coordinator, Alzheimer’s Association, Western MD Regional Office.
- October 15<sup>th</sup> – International Day of Rural Women.
- October 17<sup>th</sup> – International Day for Eradication of Poverty.
- October 24<sup>th</sup> – United Nations Day.
- October 26<sup>th</sup> – Annual Dinner/Auction Fundraiser – *Raise a Glass to Zonta* – Dutch’s Daughter Restaurant, 581 Himes Ave., Frederick. Silent Auction – 6 p.m., Dinner, 6:30 p.m. Tickets - \$35.
- November 8<sup>th</sup> – Zonta International’s 96<sup>th</sup> Birthday. Only four more years to Centennial Anniversary!
- November 9<sup>th</sup> - Program to be announced.
- November 25<sup>th</sup> – December 10<sup>th</sup> - 16 Days of Activism – Zonta Says NO to Violence Against Women.
- December 14<sup>th</sup> – Holiday meeting.
- July 2<sup>nd</sup> – 6<sup>th</sup>, 2016 – Zonta International Convention - Nice, France.

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### President’s Letter:

Dear Friends,

I am just back from the District 3 Conference and full of enthusiasm for Zonta and for our club. I was glad I had Donna and Jeannine for hints and tips about what was going on and when I didn’t understand the reference or Zonta lingo. I was happy that we sold some tickets to the Auction on October 26<sup>th</sup>. I hope that you all are pushing tickets to everyone you think might be interested. The more attendees, the more fun the auction is, and the more money we make for our service projects. Mention the Fundraiser to everyone you meet, and to neighbors whose children’s athletics you patronize, and to co-workers who have sold you something for some good cause. If they can’t come, sell them Panera strips and a coupon book! If you have someone you owe a dinner, or thanks for something they did for you...buy them a ticket to dinner. Follow up on those prospects from our ZING, and treat them to dinner if you must. It will show them what fun we have, and that we really do want them as members or good friends who support our work.

One sentence from the Conference stands out in my mind: “Charity begins at home, but it does not end there.” Thanks to all of you who clearly understand this and are willing to work towards it.

*Carole*

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### Conference Report:

The District Conference was held Oct. 2-4 in Williamsburg. This is the furthest south that District 3 reaches. I got a personal sense of how large our District is; 30 clubs were represented. There are about 500 Zonta members in the District.

Many of the clubs represented are small in numbers, but are doing lots of interesting and mighty projects. It was exciting to share what we do, and to hear what they are doing. I was proud to represent the Frederick Zonta Club, and glad to have Jeannine Jennings and Donna Lane present with me. Jeannine staffed a table selling Panera strips and promoting our Auction. A few other clubs were selling items or raffling baskets.

The business meetings discussed bylaw changes, adopted a District budget, listened to the reports from each club by their President, or in absentia by a Board member. I was asked to carry a proxy and vote for the Annapolis club and for the Atlantic City club who did not send a delegate. The District budget was adopted with no change in District dues. We elected District and Area officers for the 2016-18 biennium. Our Area 3 Director, Joanne Gallos, was elected Lieutenant Governor for District 3 for the coming biennium. Our incoming Area 3 Director will be Debra Crum from the Harrisburg-Hershey club. She stated she wanted to continue the practice of visiting all the Area 3 clubs and encouraging best practices with them.

We had an inspiring leadership training talk by Past District 4 Governor Kathleen Douglass. Among many tips and challenges to enhance membership, she mentioned creating a culture of respect and recognition. Break down the jobs that are too big for one, and being clear about expectations, share the work together. She suggested we speak out about being different from other women's organizations. Emphasizing this, she listed our particular strengths: We are international; We focus on advancement for all women and girls; We emphasize opportunities for education by giving scholarships and fellowships; We have consultative status at the United Nations; We collaborate to prevent violence against women; We are the only non-flying club that Amelia Earhart belonged to!

Sunday morning we assembled for a memorial service to honor Zontians who passed away last year. Our own Anne-Lynn Gross was among those remembered with words, a candle and a yellow rose. Many of the delegates knew Anne-Lynn and were surprised and saddened to hear of her passing, and came up to us with their personal condolences, asking that we pass them on to our club.

I would recommend District Conferences and workshops to each member of our club. It gives one a wider view of Zonta as a world-wide organization, and inspires participants to jump in and join in the service doing.

*Carole*

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**Dinner/Auction Fund-Raiser**

It's almost time for our Annual Dinner/Auction Fund-Raiser on October 26<sup>th</sup>. Susan Duffney has painted wine glasses for table centerpieces -- hence the theme -- *Raise a Glass to Zonta!* Dinner menu will be the same as last year. Hopefully all are selling tickets and have solicited and/or prepared auction items. Barbara Stastny has tickets – **sell as many as possible**. Since our numbers are small, we each need to sell more tickets!

Set-up will begin at 4 p.m. at Dutch's Daughter. Please have all auction items to Laura prior to that evening or to Dutch's shortly after 4 p.m. Remember that gift baskets in the silent auction cannot contain alcohol. A cardboard outline can be made to represent the bottles, if you want to include this in your basket. Actual bottles will be distributed at the end of the auction.

Final plans and assignments will be made at the October 12<sup>th</sup> meeting. Everyone who can be there will have an assignment.

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**Other Fund-Raisers:**

We are selling Greater Frederick Save Around 2016 Coupon Books at \$20 and Panera Strips at \$10 again this fall. You can obtain these items from Laura Duthoy. They will also be available the night of the dinner/auction.

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**Service:**

Jennifer White from Mission of Mercy attended our September meeting to receive our donation of \$250.

Barbara Stastny reports that we donated over 100 items to the Food Bank in September. They were particularly pleased to receive the large number of jars of peanut butter!

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**Domestic Violence Awareness Month**

Walk a Mile in Her Shoes, an annual fundraiser for Heartly House, raises awareness about domestic violence, as men don high heel women’s shoes and walk a mile in downtown Frederick. The event is being held on October 10<sup>th</sup>, noon to 3 p.m. Registration of the walkers is \$35.00.

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**Program Notes:**

**Tibby Middleton** and **Barbara Kenny** spoke at our August meeting, sharing their experiences as a lesbian couple for more than forty years. After living in Utah and Virginia, they moved to Maryland when they were able to get a license to marry here. There are still issues and questions to deal with after all of these years.

**SOAR** was the topic of our program in September. Debbie Savageau, Executive Director, Terry Mason, and Leslie Schultz spoke about the work of Supporting Older Adults through Resources, Inc., a local volunteer organization with a mission to provide financial assistance to older adults in Frederick County, to meet their essential needs in a confidential, respectful, and dignified manner. Responding to an identified need for various kinds of support for the senior population of Frederick County, this three year old 501.c.3 organization hooks up with other organizations to bridge gaps in senior citizen care. They have served over 75 people/year.

Their third annual fund-raiser – *A Toast to the Holidays* - with an auction of handcrafted wreaths and tabletop trees, is scheduled for November 21, 2015.

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**Among Our Members:**

**Deborah Lundahl** writes about her new job – “ On September 25<sup>th</sup>, I became the new PIO (Public Information Officer) and Project Analyst for Carroll County. In layman’s terms, my responsibilities include preparing and disseminating information and materials that support the programs, services, and activities of Carroll County Government. I am co-located in the offices of the County Commissioners and work closely with the County Administrator.

“To say I hit the ground running would be an understatement. I thought they were kidding when I was told there would be a press conference at 4:00 on my first day, but it wasn’t a joke. Fortunately, it was a low key event and gave me an opportunity to meet several of the division heads.

“It has only been a week, but I feel at home already. I have met a surprising number of colleagues with whom I worked in Frederick County. And the skills I learned there are readily translating to my new office.

“I thank all of you for your support and encouragement during this time of transition.”

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**Birthday Greetings:**

October - 22, Joan Quinlan;  
30, Elizabeth Derr.

November – 12, Deborah Lundahl.

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**Notes from International:**

On 2 August 2015, UN Member States agreed by consensus to the draft outcome document of the United Nations Summit for the adoption of the Post-2015 Development Agenda. The “**2030 Agenda for Sustainable Development**” was scheduled to be officially adopted by the General

Assembly at the United Nations Summit in September. Zonta International's focus is on Goal 5: Achieve gender equality and empower all women and girls.

**Save the Date: 14-26 March 2016  
# CSW 60**

Priority Theme: Women's empowerment and its link to sustainable development.

Review Theme: The elimination and prevention of all forms of violence against women and girls (agreed conclusions from the fifty-seventh session).

**Preparing for the 2015 Zonta Says NO to Violence Against Women campaign:**

Here are some advocacy tips:

1. Identify important issues in your country and community.
2. Discuss what needs to be done.
3. Decide what, when, where, who, why, how.
4. Protest for positive change through prevention, protection and prosecution.
5. Gather publicity and add your action!

**Zonta International Foundation – Gearing up for Every Member Every November**

On 8 November 2015, Zonta International will celebrate its 96<sup>th</sup> birthday. We invite you to join the celebration and help change the lives of women around the world. As a Zontian, you have already made a personal commitment to build a better world for women. During November, the Zonta International Foundation is asking all Zontians to make an individual donation to the Foundation to help us meet our mission and fulfill our 2014-2016 Biennial Goals.

**Educating youth: Voices against Violence**

The World Association of Girl Guides and Girl Scouts (WAGGGS), in partnership with UN Women and with the support of Zonta International, is working to prevent and reduce gender discrimination and violence against women and girls through non-formal education and youth leadership engagement with the Voices against Violence project.

The curriculum teaches young people, ages 5-25, to understand gender-based violence and its root causes, identify various forms of violence prevalent globally and in their communities, and explore solutions. The curriculum will be delivered by training 200 national trainers from as many as 30 countries at four regional workshops funded by Zonta International. These trainers

will then return to their home countries and train at least 3,000 additional youth leaders and educators. The program is expected to reach an estimated 800,000 children and young people by the end of the project cycle in 2016.

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Zonta Club of Frederick  
P.O. Box 3896  
Frederick, MD 21705

Co-Presidents – Carole Larsen  
Elizabeth Derr

Meetings: Second Monday of each month  
Board and Business Meeting 5:30 p.m.  
Dinner and Program 6:30 p.m.

Location: Homewood at Crumland Farms  
Willow Road, off Route 15 North

Dinner: \$13.00

Reservations: Maida Wright 301-644-5835  
[maidawright5@gmail.com](mailto:maidawright5@gmail.com)

Please notify Maida by 4 p.m. on the Friday before the meeting, if you have a standing reservation and will not be attending or if you do not have a standing reservation and will be attending. Reservations are also needed for guests. Except in absence due to an emergency, you will be expected to pay for the meal if you have a reservation and do not attend.

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The next Z-Line will be published in December. Please submit any information to be included to Elizabeth no later than December 1<sup>st</sup>. Thanks.  
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*Zonta International  
Empowering Women through  
Service and Advocacy.*

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